



## HELP FILL OUR SHIPPING CONTAINER!!

We are collecting items that will be needed for our trip to Africa in 2010! Please share this list with friends at work, family and neighbors!!

### PERSONAL NEEDS –

Soap                      Ziploc bags  
Shampoo                Hand sanitizer  
Deodorant  
Toothbrushes-adults and kids  
Toothpaste

### VBS –

Crayons  
White and colored copy paper  
Construction paper  
Markers  
Colored yarn

### MEDICAL SUPPLIES –

Tylenol  
Children's Tylenol (Advil, ibuprofen etc.)  
Vitamins-adults and kids  
Dollar store – eye glasses  
Medical gauze, Medical gloves

### MISC. –

Used School Textbooks  
Bible Study materials –  
    Women/Men/Couples  
Kid's Books  
Parenting books  
Balls, Dolls

\* Various Pharmaceutical supplies–email [denise.tribble@suncrest.org](mailto:denise.tribble@suncrest.org)